



## Forum Synergies "Lifeshop" 2016 - discovering Ukrainian rural reality.

29<sup>th</sup> Sept. -2<sup>nd</sup> Oct.2015 – Dolyna raion, Ivano-Frankivsk region (Ukraine)



### Programme and practical information

#### The LIFESHOP

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From 29<sup>th</sup> September to 2<sup>nd</sup> October 2016, Forum Synergies will organise a “Lifeshop” in Dolyna district, Ivano-Frankivsk region (Ukraine), in partnership with NGO “Karpatske kolo” .

The LifeShop concept offers local players the opportunity to discover sustainable lifestyle, with a strong human dimension (focusing on personal relationship between visitors and local hosts more than political proposals). Groups are up to 20 persons.

#### REGION SITUATION

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Dolyna “raion”(district) belongs to Ivano-Frankivsk region, which is situated on the western part of Ukraine and acts as a border with Romania. Mountains - Eastern Carpathian Mountains - and forests occupy a large part of the territory. Extraction activities (oil, natural gas and salt) have been an important part of Dolyna economy but deposits are now decreasing and finding alternatives will be a challenge for the next years. Forestry (timber) and farming (berries and husbandry) are main rural activities. Tourism is slowly developing. The administrative-territorial area – which will be reformed in the next years - is divided into 1 city council and 29 village councils , bringing together 44 settlements. 70.000 people leave in the district: 20.000 in Dolyna city and 50.000 in villages, whose population is decreasing.

We attach the Ukraine report on reconnaissance visit elaborated by PREPARE members (Partnership for Rural Europe) in March 2015, in the frame of the Black Sea Initiative

#### PROGRAMME

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Our local partner Rostyslav Kos from “Karpaste Kolo” has proposed the following programme..

##### Thursday 29<sup>th</sup> of September:

Afternoon:	Arrival of participants and transfer to Vyshkiv village
20h30	Dinner



**Friday 30<sup>th</sup> of September:**

7h30 - 8h15:	Breakfast
8h20 – 9h20	Information about the region, local communities. Presentation of NGO “Karpatske kolo”.
9h20 – 10h20	Trip from Vyshkiv village to Dolyna.
10h30 – 12h00	Visit to local producers (union of entrepreneurs). They produce blueberries, goat cheese, ice-cream.
12h00 –12h30	Presentation of project “Involving rural people to produce blueberries”. Questions, discussion.
13h00 –14h00	Lunch
14h30 –16h30	Meetings with mayor (vice-mayor) of Dolyna town. Presentations on implemented projects in local community, impacts of the territorial reform on town and local villages , energy management Questions, discussion.
16h30 – 17h30	Trip from Dolyna to Vyshkiv village.
18h00 -19h00	Forum Synergies General Assembly / Free time for other participants
19h30	Dinner (traditional Ukrainian Carpathian cuisine)
21h00	Exchanges and feed back on the day

**Saturday 1<sup>st</sup> of October:**

7h45 – 8h30	Breakfast
8h40 – 9h20	trip from Vyshkiv village to Vygoda
9h30 - 12h00	Vyhoda Narrow Gauge Railway Heritage Centre. (Hungary-Slovakia-Romania-Ukraine cross-border cooperation Programme). Presentations, Questions, discussion. <a href="http://carpathian-heritage-railways.com/en/">http://carpathian-heritage-railways.com/en/</a>
12h00 – 12h30	State Forest company presentation about forest management, collaboration with local communities and natural environment of Carpathian mountain region
13h00 – 14h30	Lunch
15h00 –17h30	Trip in train “Carpathian Tram”. Meetings with local people involved in new touristic offer. (Train will do some stops)
17h30 – 18h20	Trip from Vygoda to Vyshkiv village
18h30 – 20h00	Exchanges, feed back on the day
20h30	Dinner. International Buffet.

**Sunday 2<sup>nd</sup> of October:**

8h00 – 8h45	Breakfast
10h00 -	Departure of participants to Lviv airport



## PRACTICAL INFORMATION

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### Participants

You will find the participants list in **Annexe 1**.

### Travelling and transport (people arriving with public transport)

You will find the information in Annexe 2:

- Shuttle on Sept. 29<sup>th</sup>: A minibus will expect you at 17h30 at **Lviv airport** on Sept.29th, to drive you directly to Vyshkiv village (3 hours far).
- Amiran & Hannes, a taxi will pick you at the airport on Thursday night and Friday respectively
- Shuttle back to the airport on Oct. 2<sup>th</sup>: A minibus will leave Vyshkiv at 10h00.

### Accommodation & venue

We will stay at **Vyshkiv village**, (1 h far from Dolyna city).

#### Hotel Yalunka»

v. Vushkov, st. Tominovih, 127, Dolyna district, Ivano-Frankovsk region  
phone: +38 03477 9 03 02; mobile: +38 067 320 45 65  
<http://yalunka.com.ua/en/>

We will be in **shared rooms**.

### International sustainable buffet

All participants are invited to contribute a **speciality from their region** for our international sustainable buffet that will be offered on Saturday 1st.

### Travel reimbursement, accommodation & venue

Thanks to our funders, Fondation de France et Fondation Charles Leopold Mayer pour le Progrès de l'Homme, **the following costs are covered**:

- Accommodation and meals
- Transfer from Lviv airport to the district.
- Transport in a mini-bus during all the "lifeshop".
- Trip in Train Carpathian tram

You are just asked to cover your travel expenses to Lviv or to the venue.

Some of you have asked to support for your travel expenses: please **bring your flight receipt and boarding cards** as we need them to reimburse you. (If your country uses Euro as currency, we will make a bank transfer afterwards).

## CONTACT

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### Project supported by :

